



SAINT ELIZABETH RESEARCH CENTRE

# Host a Reflection Room

Studies show that while the majority of Canadians say they are comfortable discussing death, only about a quarter of us have made personal plans for end of life care. We think that providing places for storytelling — and places for reading the stories of others — might trigger thinking and discussion about dying and death. This is the purpose of the Reflection Room. The Reflection Room leverages the power of shared storytelling and experiential design to engage people in thinking and talking about the end of life.

We would like to invite you to host a Reflection Room. We will put together and ship you a “kit” with the essentials for the Room — Reflection cards, Reflection Wall, invitations, information about the project (and simple instructions for setting the Room up!).

We are preparing several versions of the “kit”, depending on the size of space you have available. We have a full-scale Room (roughly 20 x 20 room), or a “pop-up” room for smaller spaces or outdoor settings, with the essential elements of the Reflection Room only. The installation can be for a day, several days, a week, or more — depending on your space and wishes.

## If you are interested and would like to know more about hosting a Reflection Room, please contact:

- Dr. Paul Holyoke, Director  
PaulHolyoke@saintelizabeth.com, or
- Karen Oikonen, Research Associate  
KarenOikonen@saintelizabeth.com).

## What we need from you:

- Space to host the Reflection Room at your location (hospice, hospital, library, office, outside, etc.)
- Set up the Reflection Room Kit (requires 2 people)
- Gather the reflection cards and exit surveys to be sent back to us with the RR Kit
- Disassemble the Reflection Room after the period has ended and ship it back to the research team
- Spread the word!

## What you get from us:

- The Reflection Room Kit, including elements of the Room
  - Reflection wall & cards
  - Invitations & visitor survey
  - Extra info about our project, including ethics
- Instructions for how to set up the RR Kit, including a step-by-step guide and a video
- Instructions for how to complete and return materials for our data collection purposes